**Housing Support**

**Cornerstone Housing**  
68 N. Fullerton Ave., Montclair, NJ  
Phone: 973-744-8666  
Hours: 6 p.m. - 8 a.m.  
https://easternusa.salvationarmy.org/new-jersey/montclair/cornerstone-house/

**Real House (women)**  
95 Grove St.  
Montclair, NJ 07042  
Phone: 973-746-2401

**LGBT Rain Foundation**  
Phone: 973-675-6780  
Intake: 7 a.m. - 4 p.m.  
LGBT youth from 18-26  
http://essexlgbthousing.org/

**Projects for Assistance in Transition from Homelessness (PATH) – Essex**  
80 Main St., Suite 150  
West Orange, NJ 07052  
Phone: 973-842-4127

**Nancy’s Place (youth)**  
32 S. Willow St., Montclair, NJ 07042  
Phone: 973-744-8175

**The Safe House**  
Bloomfield, NJ  
Phone: 973-759-2154, 973-759-2378  
Emergency shelter in a safe and supportive environment for victims of domestic violence and their children

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**Financial Assistance**

**Salvation Army**  
13 Trinity Place  
Montclair, NJ 07042  
Phone: 973-744-3312  
https://easternusa.salvationarmy.org/new-jersey/montclair/

**MNDC (Montclair Neighborhood Development Corporation)**  
228 Bloomfield Ave., Montclair, NJ  
Phone: 973-744-9094  
https://montclairmndc.org/

**Family Promise of Essex County**  
46 Park St., Montclair, NJ  
Phone: 973-746-1400  
Mon-Fri: 9:30 a.m. - 5:30 p.m.  
https://www.fpessexnj.org/

**La Casa de Don Pedro**  
317 Roseville Ave., Newark, NJ  
Phone: 973-483-1883  
http://www.lacasanwk.org/

**ULEC (Urban League of Essex County)**  
508 Central Ave., Newark, NJ  
Phone: 973-624-9535  
https://ulec.org/

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**Community Services**

"The Montclair Public Library changes lives every day, through words, ideas, and community building."
<table>
<thead>
<tr>
<th><strong>Food Assistance</strong></th>
<th><strong>Family Services</strong></th>
<th><strong>Other Support</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Toni’s Kitchen</strong></td>
<td><strong>Essex County Family Justice Center</strong></td>
<td><strong>Family Service League</strong></td>
</tr>
<tr>
<td>73 Fullerton Ave., Montclair, NJ</td>
<td>60 Nelson Place, Floor 2, Newark, NJ 07102</td>
<td>60 S. Fullerton Ave., Montclair, NJ 07042</td>
</tr>
<tr>
<td>Phone: 973-860-0768</td>
<td>Phone: 973-230-7229</td>
<td>Phone: 973-746-0800</td>
</tr>
<tr>
<td>Mon-Wed: 9 - 11:30 a.m.</td>
<td>Mon-Fri: 8:30 a.m. - 4:30 p.m.</td>
<td><a href="https://familyserviceleague.org/">https://familyserviceleague.org/</a></td>
</tr>
<tr>
<td>Thu-Fri: 9 a.m. - 1:30 p.m.</td>
<td><a href="https://www.essexcountyfjc.org/">https://www.essexcountyfjc.org/</a></td>
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<tr>
<td>Sat: 9:30 a.m. - 1 p.m.</td>
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<td>Sun: 3 - 6 p.m.</td>
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<tr>
<td><a href="https://toniskitchen.org/">https://toniskitchen.org/</a></td>
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<tr>
<td><strong>Human Needs Food Pantry</strong></td>
<td><strong>Access Family Services</strong></td>
<td><strong>Mental Health Association of Essex and Morris Counties</strong></td>
</tr>
<tr>
<td>9 Label St., Montclair, NJ 07042</td>
<td>One Gateway Center, Suite 2600</td>
<td>33 S. Fullerton Ave.</td>
</tr>
<tr>
<td>Phone: 973-746-4669</td>
<td>Newark, NJ 07102</td>
<td>Montclair, NJ 07042</td>
</tr>
<tr>
<td>Every day: 12 - 2:30 p.m.</td>
<td>Phone: 862-444-3126</td>
<td>Phone: 973-509-9777</td>
</tr>
<tr>
<td><a href="http://www.humanneedsfoodpantry.org/">http://www.humanneedsfoodpantry.org/</a></td>
<td>Transitioning from domestic violence and homelessness</td>
<td><a href="https://www.mhaessexmorris.org/">https://www.mhaessexmorris.org/</a></td>
</tr>
<tr>
<td><strong>MESH Cafe</strong></td>
<td><strong>Planned Parenthood</strong></td>
<td><strong>Collaborative Justice Services – Essex</strong></td>
</tr>
<tr>
<td>15 Trinity Place</td>
<td>29 N. Fullerton Ave., Montclair, NJ 07042</td>
<td>33 S. Fullerton Ave.</td>
</tr>
<tr>
<td>Montclair, NJ 07042</td>
<td>Phone: 973-746-7116</td>
<td>Montclair, NJ 07042</td>
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<tr>
<td>Phone: 862-621-9488</td>
<td></td>
<td>Phone: 973-274-6179</td>
</tr>
<tr>
<td>Mon-Sat: 6:30 - 8:30 p.m.</td>
<td><strong>Supporting Parents of Essex County</strong></td>
<td><strong>Integrated Case Management Services (ICMS)/Supported Employment Services</strong></td>
</tr>
<tr>
<td><a href="https://www.meshmontclair.org/programs/mesh-cafe">https://www.meshmontclair.org/programs/mesh-cafe</a></td>
<td>Phone: 973-395-1441</td>
<td>80 Main St., Suite 500</td>
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<tr>
<td></td>
<td><a href="http://www.supportingparentsessexnj.org/">http://www.supportingparentsessexnj.org/</a></td>
<td>West Orange, NJ 07052</td>
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<tr>
<td></td>
<td>Free resources for parents, including support groups, workshops, hotlines, and information on parenting</td>
<td>Phone: 973-676-9111</td>
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<tr>
<td><strong>IMANI</strong></td>
<td><strong>Programs for Parents</strong></td>
<td><strong>IMANI</strong></td>
</tr>
<tr>
<td>73 S. Fullerton Ave., 2nd floor</td>
<td>570 Broad St., 8th floor</td>
<td>73 S. Fullerton Ave., 2nd floor</td>
</tr>
<tr>
<td>Montclair, NJ 07042</td>
<td>Newark, NJ 07102</td>
<td>Montclair, NJ 07042</td>
</tr>
<tr>
<td>Phone: 973-509-2822</td>
<td>Phone: 973-297-1114</td>
<td>Phone: 973-509-2822</td>
</tr>
<tr>
<td><a href="http://www.imaniprograms.org/">http://www.imaniprograms.org/</a></td>
<td>Mon-Fri: 8:30 a.m. - 4:30 p.m.</td>
<td><a href="http://www.imaniprograms.org/">http://www.imaniprograms.org/</a></td>
</tr>
<tr>
<td>IMANI is a community-based non-profit organization that offers educational support programs.</td>
<td><a href="https://programsforparents.org/">https://programsforparents.org/</a> (Only available by phone due to COVID-19)</td>
<td></td>
</tr>
</tbody>
</table>

**Human Needs Food Pantry**
- 9 Label St., Montclair, NJ 07042
- Phone: 973-746-4669
- Every day: 12 - 2:30 p.m.

**MESH Cafe**
- 15 Trinity Place
- Montclair, NJ 07042
- Phone: 862-621-9488
- Mon-Sat: 6:30 - 8:30 p.m.
- [https://www.meshmontclair.org/programs/mesh-cafe](https://www.meshmontclair.org/programs/mesh-cafe)

**Supporting Parents of Essex County**
- Phone: 973-395-1441
- [http://www.supportingparentsessexnj.org/](http://www.supportingparentsessexnj.org/)
- Free resources for parents, including support groups, workshops, hotlines, and information on parenting

**IMANI**
- 73 S. Fullerton Ave., 2nd floor
- Montclair, NJ 07042
- Phone: 973-509-2822
- [http://www.imaniprograms.org/](http://www.imaniprograms.org/)