

WINTER 2024 CLASSES

Registration starts Monday, January 8

Classes start Monday, January 22

To register: www.adultschool.org

Contact us: adultschool@montclairlibrary.org or 973-744-0500 x2224

ARTS & CRAFTS

Knitting at the Next Level

Tuesdays, Feb 20–Mar 19, 10:30 a.m.–12 p.m.

MPL - Main

Tuition: \$89 (5 sessions)

Instructor: Patricia Way

Prerequisite: Students must know how to knit and purl. Materials purchased by student approx. \$18.

Crochet at the Next Level

Tuesdays, Feb 20–Mar 19, 12:30–2 p.m.

MPL - Main

Tuition: \$89 (5 sessions)

Instructor: Patricia Way

Prerequisite: Students must be proficient in basic crochet. Materials purchased by student approx. \$15.

Introduction to Calligraphy

Wednesdays, Feb 21–Mar 20, 6:30–7:30 p.m.

MPL - Bellevue

Tuition: \$72 (5 sessions)

Instructor: John Majewski

Materials purchased by student approx. \$10.

Yeon Deung Hoe Lotus Lantern Festival Workshop for Families **NEW**

Monday, Feb 26, 3:30–5 p.m. | MPL - Main

Tuition: Free

Instructor: Yon Han

For ages 10 and older. Children cannot be left unattended.



Basketmaking: Sumac Baskets **NEW**

Wednesday, Feb 28, 10:15 a.m.–4:15 p.m.

MPL - Main

Tuition: \$39

Instructor: Mary May

Materials fee \$35.

iPhone Photography:

Light and Composition **NEW**

Tuesdays, Mar 5–19, 1:30–4 p.m.

Van Vleck House & Gardens

Tuition: \$55 (3 sessions)

Instructor: Joanna Madloch

ARTS & CRAFTS (continued)

Experiencing Celtic Art:

Presentation and Workshop **NEW**

Wednesday, Mar 6, 6:15–7:45 p.m. | MPL - Main

Tuition: \$30

Instructor: Patrick Gallagher of the

Folklife Center of Northern NJ

Materials fee \$10.

3-D Origami **NEW**

Thursdays, Mar 7–14, 1–2:30 p.m. | MPL - Main

Tuition: \$35 (2 sessions)

Instructor: Itoko Kobayashi

Palaspas - Philippine Palm Weaving

Saturday, Mar 9, 12–2 p.m. | MPL - Bellevue

Tuition: \$20

Instructor: Alay Philippine Performing Arts

Materials fee \$8.

Needle Felting for Beginners

Thursdays, Mar 21–28, 10:30 a.m.–12:30 p.m.

Cornerstone Montclair

Tuition: \$89 (2 sessions)

Instructor: Christine Hsiao

Materials fee \$25.

CAREER DEVELOPMENT

Navigating and Managing

Your Job Search Process **NEW**

Monday, Jan 29, 6:30–7:45 p.m. | MPL - Bellevue

Tuition: \$35

Instructor: Jennifer Rodgers

Storytelling at Work: Indispensable Strategies to Get Your Point Across in Business **NEW**

Wednesday, Feb 28, 6:30–8:30 p.m.

MPL - Bellevue

Tuition: Free

Instructor: Lisa Lipkin



GAMES & RECREATION

Play Wordle with NYT Games Editor **NEW**

Thursday, Feb 15, 6:30–8 p.m. | MPL - Main

Tuition: \$25

Instructor: Deb Amlen



Wordle

BLACK HISTORY EVENTS

Norman Rockwell and Race **NEW**

Wednesday, Jan 31, 2–3:30 p.m. | MPL - Main

Tuition: \$20

Instructor: Dennis Raverty

Exploring James Baldwin **NEW ONLINE**

Tuesdays, Feb 6–20, 6:15–7:45 p.m.

Tuition: \$65 (3 sessions)

Instructor: Ada McKenzie-Thomas

NJ Reparations 101: A Panel Discussion **NEW**

Wednesday, Feb 14, 6:30–7:45 p.m.

MPL - Main

Tuition: Free

Instructor: Janet Ford

Images of Black People in Western Art: Early 19th Century to the Millennium **NEW ONLINE**

Wednesday, Feb 21, 6:30–8 p.m.

Tuition: \$20

Instructor: Anne Betty Weinschenker

Harlem Renaissance Art and the Making of the New Negro **NEW**

Tuesday, Feb 27, 6:15–7:45 p.m. | MPL - Main

Tuition: \$20

Instructor: Onnie Strother Jr.



Afrofuturist Octavia Butler:

"The Parable of the Sower" **NEW**

Monday, Mar 4, 6:15–7:45 p.m. | MPL - Bellevue

Tuition: \$20

Instructor: Freddie Harris

MUSIC

St. Patrick's Day Live Harp and Flute Concert **NEW**

Tuesday, Mar 5, 6:15–7:45 p.m. | MPL - Main

Tuition: Free

Performers: Iris Nevins and Linda Hickman

Folklife Center of Northern NJ

WOMEN'S HISTORY MONTH

The History of Women Fashion Designers

NEW ONLINE

Thursday, Mar 7, 6:15-7:45 p.m.

Tuition: \$20

Instructor: Marcie Cooperman

Women & Poetry: By, For and About **NEW**

Saturday, Mar 16, 1-3 p.m. | MPL - Bellevue

Tuition: \$20

Instructor: Elinor Mattern

20th Century Women Photographers:

Pushing Boundaries, Blazing Paths

NEW ONLINE

Thursday, Mar 28, 1:30-3 p.m.

Tuition: \$25

Instructor: Janet Mandel



BOOKS, FILM & THEATER

Film Club **ONLINE**

Wednesdays, Jan 24-Mar 20, 7-8 p.m.

Tuition: \$59 (5 sessions)

Instructor: Margot Cochran

Class meets Jan 24; Feb 7, 21; Mar 6, 20.

Film Club **IN-PERSON**

Wednesdays, Jan 31-Mar 27, 7-8:30 p.m.

Congregation Shomrei Emonah

Tuition: \$79 (5 sessions)

Instructor: Margot Cochran

Class meets Jan 31; Feb 14, 28; Mar 13, 27.

Exploring James Baldwin **NEW ONLINE**

Tuesdays, Feb 6-20, 6:15-7:45 p.m.

Tuition: \$65 (3 sessions)

Instructor: Ada McKenzie-Thomas

Storytelling Improv for Social Change **NEW**

Saturdays, Feb 10-24, 1-2:30 p.m.

MPL - Bellevue

Tuition: Free (3 sessions)

Instructor: Elaine Molinaro



The Golden Screen: Asian American Films

NEW ONLINE

Saturday, Feb 17, 1-2:30 p.m.

Tuition: \$30

Instructor: Jeff Yang

Text purchased by student approx. \$32.

BOOKS, FILM & THEATER

(continued)

Community Read-Aloud of

"The Trojan Women" **NEW**

Sunday, Feb 25, 3:30-5:30 p.m. | MPL - Main

Tuition: Free

Instructor: Ari Laura Kreith

Text purchased by student approx. \$14.

Afrofuturist Octavia Butler:

"The Parable of the Sower" **NEW**

Monday, Mar 4, 6:15-7:45 p.m. | MPL - Bellevue

Tuition: \$20

Instructor: Freddie Harris

Women & Poetry: By, For and About **NEW**

Saturday, Mar 16, 1-3 p.m. | MPL - Bellevue

Tuition: \$20

Instructor: Elinor Mattern

Book Discussion **ONLINE**

Wednesdays, Mar 20-Jun 12, 2-3:30 p.m.

Tuition: \$49 (7 sessions)

Instructor: Theodora McKee

Class meets Mar 20; Apr 3, 17; May 1, 15, 29; Jun 12.

COMPUTERS & TECHNOLOGY

Introduction to Google Office Suite

Thursdays, Feb 8-15, 6:30-8:30 p.m.

MPL - Bellevue

Tuition: \$86 (2 sessions)

Instructor: John Tully

Microsoft 2016 Excel Pivot Tables

Tuesday, Mar 5, 6:30-8:30 p.m. | MPL - Bellevue

Tuition: \$39

Instructor: Sue Brogan

CULINARY ARTS

An Authentic Taste of Hungary!

Introduction to Chimney Cakes **NEW**

Monday, Jan 29, 6:30-8:30 p.m.

Kurly Kurtosh Bakery (Nutley)

Tuition: \$35

Instructor: Nicole Shaw-Provillon

Bourbon Distilling 101 Tour and Tasting **NEW**

Saturday, Mar 9, 1-5 p.m. | Claremont Distillery

Tuition: \$89

Instructor: Tim Koether

Students must be age 21 or older.



LANGUAGE

La France...en francais!!! **ONLINE**

Mondays, Jan 22-Mar 18, 1:30-3 p.m.

Tuition: \$130 (8 sessions)

Instructor: Pierre Fabian

No class Feb 19. Prerequisite: Students must be fluent in French.

American Sign Language: Level 2

Mondays, Jan 22-Mar 18, 6-7 p.m.

MPL - Bellevue

Tuition: \$119 (8 sessions)

Instructor: Belle Hsu

No class Feb 19. Prerequisite: Level 1 class.

American Sign Language: Level 1

Mondays, Jan 22-Mar 18, 7-8 p.m.

MPL - Bellevue

Tuition: \$119 (8 sessions)

Instructor: Belle Hsu

No class Feb 19.

Practical Spanish 3: Basic Conversation

Tuesdays, Jan 23-Feb 20, 6:15-7:30 p.m.

MPL - Main

Tuition: \$99 (5 sessions)

Instructor: Marielle Courtois

Prerequisite: Practical Spanish 2, Spanish 1B & 1C, or equivalent.

Practical French 1

Thursdays, Jan 25-Feb 22, 6:30-7:45 p.m.

MPL - Main

Tuition: \$99 (5 sessions)

Instructor: Saydah Garrett

Text purchased by student approx. \$15.

Basic Italian 2 **ONLINE**

Mondays, Feb 12-Mar 25, 5-6 p.m.

Tuition: \$95 (6 sessions)

Instructor: Kristine Massari

No class Feb 19. Text purchased by student approx. \$15.

Italian Conversation **ONLINE**

Mondays, Feb 12-Mar 25, 6-7 p.m.

Tuition: \$95 (6 sessions)

Instructor: Kristine Massari

No class Feb 19.

Practical Spanish 1

Tuesdays, Feb 27-Mar 26, 6:15-7:30 p.m.

MPL - Main

Tuition: \$99 (5 sessions)

Instructor: Marielle Courtois

Practical French 2

Thursdays, Feb 29-Mar 28, 6:30-7:45 p.m.

MPL - Main

Tuition: \$99 (5 sessions)

Instructor: Saydah Garrett

Text purchased by student approx. \$15.

LECTURES/HISTORY & CULTURE

Edgar Allan Poe: Happy 215th Birthday

NEW ONLINE

Tuesday, Jan 23, 6:30-7:45 p.m.

Tuition: \$25

Instructor: Ava Caridad

Nazi-Looted Art: Klimt, Schiele, Kokoschka, Painters of Vienna's Golden Age **NEW**

Thursday, Jan 25, 10:30 a.m.-12 p.m.

MPL - Main

Tuition: \$25

Instructor: Janet Mandel

Exploring Native American Identity: Forced Adoption, Self Discovery and Fraud **NEW**

Thursday, Jan 25, 6:30-7:45 p.m. | MPL - Main

Tuition: Free

Instructors: Gabrielle Glaser, Michele Kriegman

Lessons from the Vietnam War **NEW**

Fridays, Jan 26-Mar 1, 11:30 a.m.-1 p.m.

MPL - Main

Tuition: Free (6 sessions)

Instructor: Steve Golin



Norman Rockwell and Race **NEW**

Wednesday, Jan 31, 2-3:30 p.m. | MPL - Main

Tuition: \$20

Instructor: Dennis Raverty

Washington vs. the New Chinese/Russian Alliance **NEW**

Wednesday, Jan 31, 6:30-8:30 p.m.

MPL - Bellevue

Tuition: \$20

Instructor: Pierre Fabian

Above and Beyond: Arctic Explorations **NEW ONLINE**

Wednesday, Feb 7, 2-3:30 p.m.

Tuition: \$20

Instructor: Judy Okun



Understanding Our Constitution for Today's Democracy

Tuesday, Feb 20, 1:30-3 p.m. | MPL - Main

Tuition: \$20

Instructor: Laurel Bernstein

LECTURES/HISTORY & CULTURE (continued)

The Horse, the Plains and the Comanche

NEW ONLINE

Wednesday, Feb 21, 2-3:30 p.m.

Tuition: \$20

Instructor: Judy Okun

Images of Black People in Western Art: Early 19th Century to the Millennium

NEW ONLINE

Wednesday, Feb 21, 6:30-8 p.m.

Tuition: \$20

Instructor: Anne Betty Weinschenker

Harlem Renaissance Art and the Making of the New Negro **NEW**

Tuesday, Feb 27, 6:15-7:45 p.m. | MPL - Main

Tuition: \$20

Instructor: Onnie Strother Jr.

The Uncharted Legacy of the Children of Columbus **NEW ONLINE**

Friday, Mar 1, 1:30-3 p.m.

Tuition: \$20

Instructor: Jerise Fogel

The Challenges of Today's Authoritarian Regimes **NEW**

Wednesday, Mar 6, 6:30-8:30 p.m.

MPL - Bellevue

Tuition: \$20

Instructor: Pierre Fabian

The History of Women Fashion Designers **NEW ONLINE**

Thursday, Mar 7, 6:15-7:45 p.m.

Tuition: \$20

Instructor: Marcie Cooperman

Art in the Age of Revolutions **NEW ONLINE**

Wednesday, Mar 13, 2-3:30 p.m.

Tuition: \$20

Instructor: Anne Betty Weinschenker

The Science & History of Solar Eclipses **NEW**

Tuesday, Mar 19, 6:30-7:45 p.m. | MPL - Main

Tuition: \$10

Instructor: Chris Mauro



20th Century Women Photographers: Pushing Boundaries, Blazing Paths

NEW ONLINE

Thursday, Mar 28, 1:30-3 p.m.

Tuition: \$25

Instructor: Janet Mandel

FINANCE & RETIREMENT

Savvy IRA Planning for Boomers: Save Taxes and Get More Out of Your IRA **NEW**

Wednesday, Feb 7, 6:30-8:30 p.m.

MPL - Bellevue

Tuition: \$35

Instructor: Eleanor Galt-Lin

The New Retirement Rules: Understanding SECURE Act 2.0 **NEW**

Wednesday, Mar 20, 6:30-8:30 p.m.

MPL - Bellevue

Tuition: \$35

Instructor: Eleanor Galt-Lin

Discounts & Free Things for Seniors

Monday, Mar 25, 1:30-3 p.m. | MPL - Main

Tuition: \$25

Instructor: Laurel Bernstein

FITNESS

Stretch, Resistance & Light Cardio

Wednesdays, Jan 24-Mar 27, 9:30-10:30 a.m.

First Lutheran Church

Tuition: \$162 (10 sessions)

Instructor: Lorraine Salerno

Mixed Chair/Standing Exercises

Wednesdays, Jan 24-Mar 27, 10:30-11:30 a.m.

First Lutheran Church

Tuition: \$162 (10 sessions)

Instructor: Lorraine Salerno

Gentle Yoga for Wellness - Hybrid

Wednesdays, Jan 24-Mar 6, 11:30 a.m.-12:30 p.m.

Instructor: Jean Lyons

IN-PERSON: Cornerstone Montclair

Tuition: \$147 (7 sessions)

ONLINE

Tuition: \$84 (7 sessions)

Indoor Rowing

Wednesdays, Feb 21-Mar 27, 7-8 p.m.

Montclair High School

Tuition: \$129 (6 sessions)

Instructor: Lorna Rundle

5K Training Program: No Boundaries

Saturdays, Apr 13-Jun 1, 7:30-8:30 a.m.

and Tuesdays, Apr 16-Jun 4, 6:30-7:30 p.m.

Anderson Park

Orientation: Tuesday, Apr 9, 6:30-7:30 p.m.

MPL - Main

Tuition: \$99 (17 sessions) **early bird rate**

Instructor: John Fabbro (Fleet Feet Montclair)

ONLINE CLASSES WITH Ed2Go

Access over 400 Professional Development classes at www.ed2go.com/montclair and over 300 Career & Certificate Training programs at careertraining.ed2go.com/asm

All students high school age and above are welcome at the Adult School. Montclair residents are entitled to a 50% discount on tuition for all classes held at either library branch or online. After creating an online profile, contact the Adult School office for verification, and have the resident status added to the account before checking out and paying the tuition.

REFUND POLICY: If the Adult School has to cancel a class for any reason, you will receive a refund if the class cannot be rescheduled. If you wish to withdraw from or are unable to attend a class, you must notify us at least one week before the class starts in order to receive a refund of the class fee less an administrative fee of \$10. If you do not provide us with one week advance notice, you will not receive a refund. The Adult School reserves the right to change locations, schedules, and instructors when necessary. To contact the Adult School staff, email adultschool@montclairlibrary.org.

HEALTH & WELLNESS

Mindfulness Meditation

Mondays, Jan 29–Mar 11, 10:30–11:30 a.m.

MPL - Main

Tuition: \$89 (6 sessions)

Instructor: Jodi Brooks

No class Feb 19.

Essential Oils for Sleep and Stress **NEW**

Wednesday, Jan 31, 6:15–7:45 p.m. | MPL - Main

Tuition: \$30 | Instructor: Danielle Massa

American Heart Association Heartsaver CPR Certification - Adult, Child, Infant with First Aid

Saturday, Feb 3, 9 a.m.–2 p.m.

Cornerstone Montclair

Tuition: \$140 | Instructor: Andrew DiChiara

Tuition includes AHA Certification e-card.

Meditation, Singing Bowls and Writing

Fridays, Feb 9–23, 1–2:30 p.m. | MPL - Main

Tuition: \$77 (3 sessions)

Instructor: Jessica Jenns

Hearty and Nutritious Winter Soups

Thursday, Feb 15, 1:30–3 p.m. | MPL - Main

Tuition: \$35 | Instructor: Mary Ellen Zung

American Heart Association

BLS Basic Life Support CPR **NEW**

Saturday, Mar 2, 11 a.m.–2 p.m. | MPL - Main

Tuition: \$90 | Instructor: Andrew DiChiara

Tuition includes AHA Certification e-card.

TRIPS & OUTINGS

The American Museum of

Natural History with Gilder Center **NEW**

Tuesday, Feb 13, 9:30 a.m.–5 p.m.

Walnut Parking Plaza - Ice Rink Area

Tuition: \$90

Registration closes 2/1. Lunch is not included.

Philadelphia Flower Show

Thursday, Mar 7, 9 a.m.–6:30 p.m.

Walnut Parking Plaza - Ice Rink Area

Tuition: \$119

Registration closes 2/14.

Lunch is not included.

HOME & GARDEN

Birding & Birders: Discussion Series **ONLINE**

Tuesdays, Jan 30–Feb 20, 2–3:30 p.m.

Tuition: \$79 (4 sessions)

Instructor: Rick Wright

Living Green: Responsible Decluttering and Discarding **NEW**

Tuesday, Jan 30, 6:30–7:45 p.m. | MPL - Main

Tuition: Free

Instructor: Lisa Johnson

Pet Fostering for Beginners **NEW**

Thursday, Feb 22, 6:30–7:45 p.m. | MPL - Main

Tuition: \$25

Instructor: Billy Goodman

Living Large: Open Floor Plan Decorating **NEW ONLINE**

Monday, Mar 4, 10:30 a.m.–12 p.m.

Tuition: \$35

Instructor: Marcie Cooperman

Introduction to Seed Starting

Saturday, Mar 9, 10–11:30 a.m.

Van Vleck House & Gardens

Tuition: \$35

Instructor: Lana Mustafa

Vegetable Container Gardening **NEW**

Thursday, Mar 14, 6–8 p.m. | MPL - Main

Tuition: \$35

Instructor: Brittney Portes

WRITING

Poems as Prompts: Poetry Writing Workshop

Mondays, Feb 5–Mar 4, 7–8:30 p.m.

MPL - Bellevue

Tuition: \$89 (4 sessions)

Instructor: Laura Freedgood

Transitions: Writing About Life's Stages **NEW ONLINE**

Tuesdays, Feb 6–20, 10:30 a.m.–12:30 p.m.

Tuition: \$99 (3 sessions)

Instructor: Marian Calabro

Breaking Writer's Block **ONLINE**

Tuesday, Mar 19, 1–3 p.m.

Tuition: \$35

Instructor: Marian Calabro

PERSONAL GROWTH

Post-Traumatic Growth: Cultivating Growth from Struggle and Loss **NEW**

Thursday, Jan 25, 2–3:30 p.m. | MPL - Main

Tuition: \$25

Instructor: Diane Lang

Sustainable Style **NEW**

Wednesday, Feb 7, 6:15–7:45 p.m. | MPL - Main

Tuition: \$20

Instructor: Neepa Sikdar

Astrology, An Introduction

Thursday, Feb 8–29, 6:30–8:30 p.m.

MPL - Bellevue

Tuition: \$79 (4 sessions)

Instructor: Steffanie Black

Genealogy for Everyone **NEW**

Wednesday, Feb 14, 10:30 a.m.–12:30 p.m.

MPL - Main

Tuition: \$35

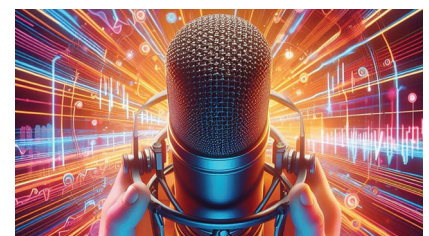
Instructor: Janice Gilyard

Storytelling Through Podcasts **NEW**

Thursday, Feb 29, 10:30 a.m.–12 p.m. | MPL - Main

Tuition: Free

Instructor: Tracey Nguyen Mang



Enneagram for Professionals: A Personality Theory to Help You at Work **NEW**

Wednesday, Mar 13, 6:15–7:45 p.m. | MPL - Bellevue

Tuition: \$25

Instructor: Sydney Davis

MONTCLAIR
reads

Montclair Reads is a series of community events highlighting the themes of storytelling, graphic novels, and diaspora, inspired by Thi Bui's "The Best We Could Do."

NATIONAL
ENDOWMENT
FOR THE
ARTS
BIG READ
Managed by Arts Midwest
arts.gov/bigread

NEA Big Read is a program of the National Endowment for the Arts in partnership with Arts Midwest.