

# Registration starts Monday, March 28 Classes start Wednesday, April 6

# To register: www.adultschool.org Contact us at info@adultschool.org

# **SPRING 2022 CLASSES**

#### **ARTS & CRAFTS**

Digital Storytelling: Create a Video to Share Your Legacy NEW

Thursdays, Apr 28-May 12, 6:30-7:45 p.m. | MPL - Main

Tuition: \$59 (3 sessions) Instructor: Alex Sande Bring your own laptop.

Color Theory for Everyone: A One Day Primer ONLINE

Thursday, May 26, 6:15-7:45 p.m.

Tuition: \$35

Instructor: Marcie Cooperman

# **BOOKS, FILM & THEATER**

#### Film Club ONLINE

Wednesdays, Apr 27-Jun 29, 7-8 p.m.

Tuition: \$99 (10 sessions) Instructor: Margot Cochran

Page to Screen: "Paterson," Movie & Poetry from William Carlos Williams NEW

Wednesdays, May 4, 6:30-8 p.m. and May 11, 5:30-8 p.m. | MPL - Main

Tuition: \$49 (2 sessions) Instructor: Paul LaTorre



The New Asian American Literary Voices NEW

Thursday, May 12, 6:30-8 p.m. | MPL - Main

Tuition: \$20

Instructor: Jafreen Uddin

# **BUSINESS**

# Low Cost and No Cost Marketing Solutions

Tuesday, May 10, 6:30-8:30 p.m. | Montclair Center BID Office

Tuition: \$35

Instructor: John Tully

#### WordPress in 2022 - What You Need to Know NEW ONLINE

Wednesday, Jun 15, 7-9 p.m.

Tuition: \$35

Instructor: John Tully

This class is suitable for novice and intermediate WordPress users.

This is not an advanced WordPress class.

# **CAREER DEVELOPMENT**

#### **Career Transition Series NEW**

Wednesdays, Apr 27-May 11, 6-7:30 p.m. | MPL - Main

Tuition: \$30 for entire series (strongly recommended) or \$15 per class Instructor: Jennifer Rodgers

You, the Job Market and Your Career Transition NEW

Wednesday, Apr 27, 6-7:30 p.m. | MPL - Main

LinkedIn and Your Career

Wednesday, May 4, 6-7:30 p.m. | MPL - Main

**Networking 101 NEW** 

Wednesday, May 11, 6-7:30 p.m. | MPL - Main

# Professional Makeup Look for the Office or Online NEW Monday, May 2, 6:30-9 p.m. | The Makeup Studio

Tuition: \$40

Instructor: Dawn Maloney



#### **COMPUTERS & TECHNOLOGY**

#### Microsoft Excel 2016: Level 1

Tuesdays, Apr 19-May 3, 6:30-8:30 p.m. | MPL - Bellevue

Tuition: \$129 (3 sessions) Instructor: Sue Brogan

#### **FINANCE**

### Alternative Investments: Strategies to Get Involved NEW

Thursday, Jun 2, 6-8 p.m. | MPL - Main

Tuition: \$35

Instructor: Ken Waitz

#### **FITNESS**

#### Stretch, Resistance & Light Cardio

Wednesdays, Apr 6-Jun 15, 9:30-10:30 a.m. | First Lutheran Church Tuition: \$159 (10 sessions) | Instructor: Lorrain Salerno

No class May 4.

Wednesdays, Apr 6-Jun 15, 7-8 p.m. | First Lutheran Church

Tuition: \$159 (10 sessions) | Instructor: Lorrain Salerno

No class May 4.

#### **Chair Exercises**

Wednesdays, Apr 6-Jun 15, 10:30-11:30 a.m. | First Lutheran Church

Tuition: \$159 (10 sessions) Instructor: Lorrain Salerno

No class May 4.

### 5K Training Program: No Boundaries

Saturdays, Apr 16-Jun 4, 7:30-8:30 a.m.

and Wednesdays, Apr 20–Jun 8, 6:30–7:30 p.m. | Anderson Park Orientation: Wednesday, Apr 6, 6:30–7:30 p.m. | MPL - Main

Tuition: \$110 (17 sessions)

Instructor: John Fabbro (Fleet Feet Montclair)



# Gentle Yoga for Continuing Students - Hybrid IN-PERSON

Wednesdays, Apr 13-Jun 8, 11:30 a.m.-12:45 p.m. | Cornerstone Montclair

Tuition: \$165 (8 sessions) Instructor: Jean Lyons

No class May 4. Bring a mat or pad to class.

Prerequisite: Yoga for Older Adults - Basics or Continuing.

# Gentle Yoga for Continuing Students - Hybrid ONLINE

Wednesdays, Apr 13-Jun 8, 11:30 a.m.-12:45 p.m.

Tuition: \$88 (8 sessions) Instructor: Jean Lyons

No class May 4. Prerequisite: Yoga for Older Adults - Basics or Continuing.

#### **LANGUAGE**

#### **Practical Spanish 1**

Tuesdays, Apr 12-May 10, 6:15-7:30 p.m. | Cornerstone Montclair

Tuition: \$99 (5 sessions) Instructor: Marielle Courtois

Optional text purchased by student approx. \$20.

#### La France...en francais!!! ONLINE

Mondays, Apr 18-Jun 13, 1:30-3 p.m.

Tuition: \$130 (8 sessions) Instructor: Pierre Fabian

No class May 30. Prerequisite: Students must be fluent in French.

#### **Basic Italian 1 ONLINE**

Mondays, Apr 18-Jun 13, 5-6 p.m.

Tuition: \$119 (8 sessions) Instructor: Kristine Massari

No class May 30. Text purchased by student approx. \$13.

#### Italian for Travelers 2 ONLINE

Mondays, Apr 18-Jun 13, 6-7 p.m.

Tuition: \$119 (8 sessions) Instructor: Kristine Massari

No class May 30.

### American Sign Language: Beginners

Mondays, Apr 18-Jun 13, 6-7 p.m. | MPL - Bellevue

Tuition: \$119 (8 sessions) Instructor: Belle Hsu No class May 30.

#### American Sign Language: Intermediate

Mondays, Apr 18-Jun 13, 7-8 p.m. | MPL - Bellevue

Tuition: \$119 (8 sessions) Instructor: Belle Hsu

No class May 30. Prerequisite: Beginners class.

# French 1A ONLINE

Thursdays, Apr 21-May 19, 7-8:15 p.m.

Tuition: \$99 (5 sessions) Instructor: Sayydah Garrett

Text purchased by student approx. \$20.

# **Beginning German ONLINE**

Tuesdays, May 3-31, 10:30 a.m.-12 p.m.

Tuition: \$99 (5 sessions) Instructor: Lirena Engelsbel



### **Practical Spanish 2**

Tuesdays, May 17-Jun 14, 6:15-7:30 p.m. | Montclair Vicinity - TBD

Tuition: \$99 (5 sessions) Instructor: Marielle Courtois

Prerequisite: Completion of Practical Spanish 1, Spanish 1A or

equivalent. Text purchased by student approx. \$20.

# French 2 ONLINE

Thursdays, May 26-Jun 23, 7-8:15 p.m.

Tuition: \$99 (5 sessions) Instructor: Sayydah Garrett

Prerequisite: Completion of Practical French 1A & 1B or equivalent.

Text purchased by student approx. \$20.

# **LECTURES/HISTORY & CULTURE**

# La Convivencia: How Interfaith Cooperation Shaped the European Renaissance NEW

Wednesday, Apr 13, 6:30-8 p.m. | MPL - Main

Tuition: \$20

Instructor: Jerise Fogel



# Winslow Homer: American Vision, Close to Nature NEW ONLINE

Thursday, Apr 14, 10:30 a.m.-12 p.m.

Tuition: \$20

Instructor: Janet Mandel

# **Exploring Eurasia:**

# Through Geography, History, and the Silk Road NEW ONLINE

Tuesdays, Apr 19-26, 6:30-8 p.m.

Tuition: \$35 (2 sessions) Instructor: Judy Okun

#### Heroes and Traitors of the McCarthy Era: How Do We Know the Difference? NEW

Wednesday, Apr 20, 6:30-8 p.m. | MPL - Main

Tuition: \$20

Instructor: Steve Golin

### America's Iranian Conundrum NEW ONLINE

Thursday, Apr 21, 6:30-8 p.m.

Tuition: \$20

Instructor: Pierre Fabian

# Catherine the Great: Russia's Art Glutton NEW ONLINE

Tuesday, May 3, 6:30-8 p.m.

Tuition: \$20

Instructor: Marcie Cooperman

#### Revisiting the Fall of Saigon, 47 Years Later NEW

Thursday, May 19, 6:30-8 p.m. | MPL - Main

Tuition: \$20

Instructor: Tracy Nguyen Mang

# Hallie Flanagan & Untold Stories of the Federal Theatre Project (1935-1939) NEW

Wednesday, May 25, 6:30-8 p.m. | MPL - Main

Tuition: \$20

Instructor: Jerise Fogel

# LECTURES/HISTORY & CULTURE (continued)

### Exploring Russia: Mountains, Mammoths and Mongols NEW ONLINE

Thursdays, Jun 2-9, 10:30 a.m.-12 p.m.

Tuition: \$35 (2 sessions) Instructor: Judy Okun

# Voices from the Caribbean Poetry Showcase NEW

Thursday, Jun 2, 6:30-7:45 p.m. | MPL - Main

Tuition: Free

Instructor: Paul LaTorre

# Cultural Change in the 1960's (including the Counterculture) NEW

Fridays, Jun 3-10, 10:30 a.m.-12 p.m. | MPL - Main

Tuition: \$35 (2 sessions) Instructor: Paul Groom

# Jacob Lawrence: The Making of a Master Pt. 2 NEW

Thursday, Jun 9, 6:30-8 p.m. | MPL - Main

Tuition: \$20

Instructor: Onnie Strother

# Ben Shahn: The People's Painter NEW

Wednesdays, Jun 15-22, 6:30-8 p.m. | MPL - Main

Tuition: \$35 (2 sessions) Instructor: Janet Mandel

#### **Democracy vs. Autocracy NEW ONLINE**

Thursday, Jun 16, 6:30-8 p.m.

Tuition: \$20

Instructor: Pierre Fabian

### **GAMES & RECREATION**

#### **Golf: Outdoor**

Saturdays, Apr 23-May 14, 1:30-3 p.m. | Millburn Municipal Golf Course

Tuition: \$160 (4 sessions) Instructor: Lou Ruina Proper golf attire required.



# Winning at Wordle **NEW ONLINE**

Monday, May 9, 7-8:30 p.m.

Tuition: \$20

Instructor: Deb Amlen

# **HEALTH & WELLNESS**

# An Introduction to Mindfulness Meditation

Mondays, Apr 18-May 23, 10:30-11:30 a.m. | MPL - Main

Tuition: \$75 (5 sessions) Instructor: Jodi Brooks No class Apr 25.





All students high school age and above are welcome at the Adult School. Montclair residents are entitled to a 50% discount on tuition for all classes held at either library branch or online. After creating an online profile, contact the Adult School office for verification, and have the resident status added to the account before checking out and paying the tuition.

**REFUND POLICY:** If the Adult School has to cancel a class for any reason, you will receive a refund if the class cannot be rescheduled. If you wish to withdraw from or are unable to attend a class, you must notify us at least one week before the class starts in order to receive a refund of the class fee less an administrative fee of \$10. If you do not provide us with one week advance notice, you will not receive a refund. The Adult School reserves the right to change locations, schedules, and instructors when necessary. To contact the Adult School staff, email info@adultschool.org.

#### **HOME & GARDEN**

#### Feel at Home:

Optimize Your Home for Work, Learning, and Living NEW ONLINE

Tuesday, Jun 7, 10:30 a.m.-12 p.m.

Tuition: \$35

Instructor: Alex Sande

#### **MUSIC**

#### **Beginning Ukulele**

Fridays, Apr 22-May 20, 1:30-2:30 p.m. | MPL - Bellevue

Tuition: \$99 (5 sessions) Instructor: Robert Mellman Bring your ukulele to class.

#### Intermediate Ukulele

Fridays, May 27-Jun 24, 1:30-2:30 p.m. | MPL - Bellevue

Tuition: \$99 (5 sessions) Instructor: Robert Mellman Bring your ukulele to class.

#### **PERSONAL GROWTH**

# Leaving a Legacy: Family and Organization Histories

Tuesday, Apr 26, 1-3 p.m. | MPL - Main

Tuition: \$25

Instructor: Marian Calabro



# Tarot, An Introduction

Wednesdays, May 4-25, 6:30-8:30 p.m.

MPL - Bellevue Tuition: \$79 (4 sessions)

Instructor: Steffanie Black

# Caring for the Caregiver NEW

Tuesday, Jun 7, 2-3:30 p.m. | MPL - Main

Tuition: \$25

Instructor: Diane Lang

#### RETIREMENT

#### **Savvy Social Security Planning for Boomers**

Thursday, Apr 28, 6:30-8:30 p.m. | MPL - Bellevue

Tuition: \$35

Instructor: Eleanor Galt-Lin

#### **TRIPS & OUTINGS**

#### Meadowlands Discovery Sunset Eco-Cruise

Thursday, May 26, 5:30-7:30 p.m. | Laurel Hill County Park

Tuition: \$45

Instructor: Hackensack Riverkeepers

# **WRITING**

# Poems as Prompts: Poetry Writing Workshop

Thursdays, Apr 21-May 12, 7:30-9 p.m. | Congregation Shomrei Emunah

Tuition: \$89 (4 sessions) Instructor: Laura Freedgood

# Writing Personal Essays ONLINE

Thursdays, Apr 28-May 12, 10:30 a.m.-12:30 p.m.

Tuition: \$99 (3 sessions) Instructor: Marian Calabro

# **Poetry Writing Workshop**

Tuesdays, May 17-Jun 14, 7:30-9 p.m. | Congregation Shomrei Emunah

Tuition: \$99 (5 sessions) Instructor: Jim Gwyn

#### Taste of Screenwriting NEW

Wednesdays, Jun 1-22, 5:30-7:30 p.m. | MPL - Main

Tuition: \$135 (4 sessions) Instructor: John Rotondo

Offered in partnership with Montclair Film.

MONTCLAIR FILM

#### ONLINE CLASSES WITH Ed<sub>2</sub>G<sub>0</sub>

Access over 400 Professional Development classes at <a href="https://www.ed2go.com/montclair">www.ed2go.com/montclair</a> and over 300 Career & Certificate Training programs at <a href="mailto:careertraining.ed2go.com/asm">careertraining.ed2go.com/asm</a>

Covid-19 safety precautions for all Library classes and events will still require masking. Physical distancing will still be used during indoor classes.